

**RED KAP**  
1923



**CULINARY COLLECTION**

# RED K





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052MCB & 051MCB

**VENTED  
MESH BACK**



**OILBLOK**  
prevents kitchen oils  
and liquids from  
setting into the fibers  
of your workwear.





052MML

## MEN'S & WOMEN'S AIRFLOW RAGLAN CHEF COAT WITH OILBLOK

- OilBlok\* prevents the toughest kitchen oils and liquids from setting in
- Lightweight mesh panel improves airflow for enhanced cooling
- Raglan sleeves with mesh underarm panels for enhanced mobility and breathable comfort
- Moisture wicking keeps you cool and dry in hot kitchens
- Double breasted with matching buttons
- Dual utensil/thermometer pockets on left sleeve
- Angled inset chest pocket for additional storage (men's only)
- Two lower front hip pockets for additional storage (women's only)
- Classic fit offers relaxed cut through chest and body with loose-fitting sleeves (men's only)
- Feminine tailoring with a slightly relaxed silhouette (women's only)
- Men's fit chart MFC-138
- Women's fit chart LFC-02
- **Industrial laundry friendly**

**BODY:** 4.25 oz. Poplin, 65% Polyester / 35% Cotton

**MESH BACK:** 4.2 oz. Performance Mesh, 100% Polyester  
Country of Origin: Imported

**052M MEN'S** (Reg) S-4XL

**051W WOMEN'S** (Reg) XS-3XL



Black with Black Mesh  
**BK**



Charcoal Heather with Charcoal/Black Mesh  
**CB**



Merlot Heather with Black Mesh  
**ML**



Teal with Teal Mesh  
**TL**



White with White/Grey Mesh  
**WH**

\*OilBlok technology does not protect you against hot oils.



Convenient dual utensil pocket



Hip pockets for extra storage on women's



Underarm mesh panels

WITH EXCLUSIVE  
**OILBLOK**  
TECHNOLOGY



0.42XBK

## OILBLOK

prevents kitchen oils and liquids from setting into the fibers of your workwear.



## MIMIX<sup>®</sup>

technology gives you extra flexibility and breathability to make a long day go down easy.

US PATENT NO.  
10,085,490 & 11,051,559





## MEN'S & WOMEN'S TEN BUTTON CHEF COAT WITH OILBLOK® & MIMIX®

- Science-inspired MIMIX® design for enhanced mobility
- Mesh flex panel offers increased breathability
- OilBlok® prevents the toughest kitchen oils and liquids from setting in
- Color retention
- Soil release
- Superior wicking
- Resists wrinkles
- Chest pocket and sleeve thermometer pocket
- Dyed-to-match buttons on colors
- Men's fit chart MFC-136
- Women's fit chart LFC-58
- **Industrial laundry friendly**

**BODY:** 4.25 oz. Ripstop, 65% Polyester / 35% Cotton  
**FLEX PANEL:** 4.2 oz. Performance Mesh, 100% Polyester  
 Country of Origin: Imported

**046X** MEN'S SHORT SLEEVE (Reg) S-4XL

**042X** MEN'S LONG SLEEVE (Reg) S-4XL

**045X** WOMEN'S SHORT SLEEVE (Reg) XS-3XL

**041X** WOMEN'S LONG SLEEVE (Reg) XS-3XL



*\*OilBlok technology does not protect you against hot oils.*



WITH  
**MIMIX**<sup>®</sup>





**MOBILITY**  
*and* **COMFORT**



**MEN'S TEN KNOT BUTTON CHEF COAT WITH OILBLOK & MIMIX®**

- Science-inspired MIMIX® design for enhanced mobility
- Mesh flex panel offers increased breathability
- OilBlok\* prevents the toughest kitchen oils and liquids from setting in
- Color retention
- Soil release
- Superior wicking
- Chest pocket and sleeve thermometer pocket
- Knot buttons
- Men's fit chart MFC-136
- **Industrial laundry friendly**

**BODY:** 4.25 oz. Ripstop, 65% Polyester / 35% Cotton

**FLEX PANEL:** 4.2 oz. Performance Mesh, 100% Polyester  
Country of Origin: Imported

**044X** (Reg) XS-4XL

White WH

*\*OilBlok technology does not protect you against hot oils.*



**OILBLOK**  
prevents kitchen oils and liquids from setting into the fibers of your workwear.

**MIMIX®**  
technology gives you extra flexibility and breathability to make a long day go down easy.

US PATENT NO.  
10,085,490 & 11,051,559



**6x MORE  
BREATHABLE**

053WBK



**KEEPS  
YOU COOL**

054MWH



054MBK



054MMWH

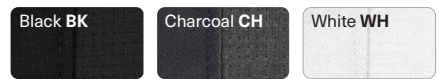
## MEN'S & WOMEN'S DELUXE AIRFLOW CHEF COAT

- Strategically-placed, perforated stretch panels improve airflow for enhanced cooling
- Moisture wicking keeps you cool and dry in hot kitchens
- Soil release finish for a long-lasting professional image
- Double breasted with matching buttons
- Dual utensil/thermometer pockets on left sleeve
- Long sleeves with turn-back cuffs
- Lined collar reduces irritation for comfortable wear all shift long
- Two inset utensil pockets for extra storage (men's only)
- Two angled front hip pockets for extra storage (women's only)
- Classic fit offers relaxed cut through chest and body with loose-fitting sleeves (men's only)
- Feminine tailoring with a slightly relaxed silhouette (women's only)
- Men's fit chart MFC-138
- Women's fit chart LFC-02
- **Industrial laundry friendly**

**BODY:** 4.6 oz. Mechanical Stretch Twill, 65% Polyester / 35% Cotton  
**STRETCH PANELS:** 3.5 oz. Stretch Woven, 100% Polyester  
 Country of Origin: Imported

**054M** MEN'S (Reg) S-4XL

**053W** WOMEN'S (Reg) XS-3XL



**DUAL  
UTENSIL SLEEVE  
POCKET**

Convenient dual utensil pocket



Hip pockets for extra storage on women's



Versatile turn-back cuffs



0401WH

## WOMEN'S CHEF COAT

- Non-yellowing pearl buttons
- Double breasted
- Chest pocket
- Thermometer pocket on sleeve
- Pre-shrunk with soil release
- Fit chart LFC-01
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0401** (Reg) S-3XL

White **WH**



0415WH

## TEN PEARL BUTTON CHEF COAT

- Double breasted
- Non-yellowing pearl buttons
- Chest pocket
- Pre-shrunk with soil release
- 0415: Softer fabric + New & improved fit
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0415** (Reg) S-4XL

6 oz. Plain Weave, 100% Spun Polyester  
Country of Origin: Imported

**0423** (Reg) XS-5XL

White **WH**



0421WH

## TEN KNOT BUTTON CHEF COAT

- Double breasted with knot buttons
- Chest pocket and sleeve thermometer pocket
- Fit chart MFC-138
- **Industrial laundry friendly**

6 oz. Plain Weave, 100% Spun Polyester  
Country of Origin: Imported

**0421** (Reg) XS-5XL

White **WH**

KT74BT



**GARNISH CHEF COAT**

- Softer fabric
- New & improved fit
- Black buttons and trim
- Chest pocket and sleeve thermometer pocket
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**KT74** (Reg) S-3XL



0414WH



**EIGHT KNOT BUTTON CHEF COAT**

- Softer fabric
- New & improved fit
- Double breasted with knot buttons
- Chest pocket and sleeve thermometer pocket
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0414** (Reg) S-3XL



KT76BK



## EIGHT PEARL BUTTON BLACK CHEF COAT

- Chest pocket and sleeve thermometer pocket
- Softer fabric
- New & improved fit
- Stand-up collar
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**KT76** EIGHT PEARL BUTTONS (Reg) XS-5XL

Black BK

0427BK



## TEN PEARL / TEN KNOT BUTTON BLACK CHEF COAT

- Chest pocket and sleeve thermometer pocket
- Stand-up collar
- Fit chart MFC-138
- **Industrial laundry friendly**

6.25 oz. Twill, 100% Spun Polyester  
Country of Origin: Imported

**0425** TEN PEARL BUTTONS (Reg) XS-5XL

**0427** TEN KNOT BUTTONS (Reg) XS-5XL

Black BK

0403WH



## EIGHT PEARL BUTTON CHEF COAT

- Softer fabric
- New & improved fit
- Non-yellowing buttons
- Double breasted with chest pocket
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0403** WITHOUT THERMOMETER POCKET  
(Reg) XS-5XL, (Long) L-3XL

**0413** THERMOMETER POCKET ON LEFT SLEEVE  
(Reg) XS-5XL

White WH

0402WH



### THREE-QUARTER SLEEVE CHEF COAT

- Softer fabric
- New & improved fit
- Non-yellowing pearl buttons
- Double breasted with chest pocket
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0402** (Reg) S-4XL

White WH

0404WH



### HALF-SLEEVE CHEF COAT

- Softer fabric
- New & improved fit
- Non-yellowing pearl buttons
- Double breasted with chest pocket
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**0404** (Reg) S-4XL

White WH

4020WH



### MILITARY BUSCOAT

- Softer fabric
- New & improved fit
- Non-yellowing pearl buttons
- Chest pocket
- Lower pockets
- Pre-shrunk with soil release
- Fit chart MFC-138
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**4020** (Reg) XS-4XL, (Long) M-XL

White WH

501.WWH & 502.MWH

**BREATHABLE  
FABRIC**



**FULL MESH BACK**

502.MCB

## OILBLOK

prevents kitchen oils and liquids from setting into the fibers of your workwear.







## MEN'S & WOMEN'S AIRFLOW COOK SHIRT WITH OILBLOK

- OilBlok\* prevents the toughest kitchen oils and liquids from setting in
- Lightweight mesh back improves airflow for enhanced cooling
- Moisture wicking keeps you cool and dry in hot kitchens
- Inset pocket with pencil stall on left chest
- Dual utensil/thermometer pockets on left sleeve
- Hidden snaps for a professional, polished look
- Classic fit offers relaxed cut through chest and body with loose-fitting sleeves (men's only)
- Feminine tailoring with a slightly relaxed silhouette (women's only)
- Men's fit chart MFC-149
- Women's fit chart LFC-02
- **Industrial laundry friendly**

**BODY:** 4.25 oz. Poplin, 65% Polyester / 35% Cotton

**MESH BACK:** 4.2 oz. Performance Mesh, 100% Polyester

Country of Origin: Imported

**502M MEN'S** (Reg) S-5XL

**501W WOMEN'S** (Reg) XS-3XL



Black with  
Black Mesh  
**BK**

Charcoal  
Heather with  
Charcoal/  
Black Mesh  
**CB**

Merlot  
Heather with  
Black Mesh  
**ML**

Teal with Teal  
Mesh **TL**

White with  
White/Grey  
Mesh **WH**

\*OilBlok technology does not protect you against hot oils.

502MML



**DUAL  
UTENSIL SLEEVE  
POCKET**

Convenient dual utensil pocket



Handy pencil stall on women's left pocket



Comfortable mesh-lined collar on men's

## MEN'S & WOMEN'S COOK SHIRT WITH OILBLOK & MIMIX®

- Science-inspired MIMIX® design for enhanced mobility
- Flex panel offers increased breathability
- OilBlok\* prevents the toughest kitchen liquids from setting in
- Color retention • Soil release • Superior wicking
- Resists wrinkles • Chest pocket and sleeve thermometer pocket
- Snap front • Men's Fit chart MFC-162
- Women's fit chart LFC-01
- **Industrial laundry friendly**

**BODY:** 4.25 oz. Ripstop, 65% Polyester / 35% Cotton

**FLEX PANEL:** 4.2 oz. Performance Mesh, 100% Polyester

Country of Origin: Imported

**502X MEN'S** (Reg) S-5XL

**501X WOMEN'S** (Reg) XS-3XL

Black BK

White WH

\*OilBlok technology does not protect you against hot oils.

LOOKS  
NEWER  
LONGER



## WOMEN'S COOK SHIRT WITH OILBLOK + MIMIX®



501XWH



BACK VIEW

# OILBLOK

prevents kitchen oils and liquids from setting into the fibers of your workwear.



# MIMIX®

technology gives you extra flexibility and breathability to make a long day go down easy.

US PATENT NO.  
10,085,490 & 11,051,559





## LONG COOK SHIRT

- Snap front • No pockets
- 5050: Softer fabric + New & improved fit
- Fit chart MFC-151
- **Industrial laundry friendly**

5 oz. Plain Weave, 100% Spun Polyester  
Country of Origin: Imported

**5035** (Reg) XS-5XL

4.3 oz. Poplin, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**5050** (Reg) S-4XL, (Long) L-3XL



## COOK SHIRT

- Softer fabric
- New & improved fit
- Snap front
- Chest pocket
- Fit chart MFC-151
- **Industrial laundry friendly**

4.3 oz. Poplin, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**5020** Black: (Reg) S-4XL  
White: (Reg) S-5XL



## BUTTON-FRONT COOK SHIRT

- Softer fabric
- New & improved fit
- Chest pocket
- Fit chart MFC-151
- **Industrial laundry friendly**

4.3 oz. Poplin, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**5010** (Reg) S-4XL





OP4MGB

## MEN'S + WOMEN'S STRAIGHT FIT AIRFLOW CHEF PANT

- Strategically-placed, perforated stretch panels in back riser and inseam improve airflow for enhanced cooling
- Moisture wicking keeps you cool and dry in hot kitchens
- Soil release finish for a long-lasting professional image
- Two front pockets and men's has two back patch pockets for extra storage
- Cell phone pocket on right leg
- Straight fit through leg and knee with tapered silhouette through thigh – Men's 32" inseam, Women's 30 1/2" inseam
- Elastic drawstring waistband with zipper fly for maximum comfort (men's only)
- 2" elastic waistband for hidden contouring and maximum comfort (women's only)
- Men's fit chart MFC-106
- Women's fit chart LFC-02
- **Home wash:** Machine Wash Cold with Like Colors, Tumble Dry Low, Do Not Dry Clean

**BODY:** 5.75 oz. Plain Weave, 77% Polyester / 23% Cotton  
**STRETCH PANELS:** 3.5 oz. Stretch Woven, 100% Polyester  
 Country of Origin: Imported

**OP4M** MEN'S (Reg) S-3XL

**OPIW** WOMEN'S (Reg) XS-3XL



Black BK



Grey / Black  
Plaid GB



OP4MBK & OP1LWBK



Perforated stretch panel on men's



2" elastic waistband for maximum comfort on women's



Cell phone pocket



BACK KNEE  
PANELS

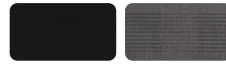
OP2MGB & OP2MBK

## MEN'S BAGGY AIRFLOW CHEF PANT

- Strategically-placed, perforated stretch panels behind each knee improve airflow for enhanced cooling
- Moisture wicking keeps you cool and dry in hot kitchens
- Soil release finish for a long-lasting professional image
- Elastic drawstring waistband with zipper fly for maximum comfort
- Two front pockets and two back patch pockets for extra storage
- Cell phone pocket on right leg
- Baggy fit through leg and knee with tapered silhouette through thigh – 31" inseam
- Men's fit chart MFC-106
- **Home wash:** Machine Wash Cold with Like Colors, Tumble DryLow, Do Not Dry Clean

**BODY:** 5.75 oz. Plain Weave, 77% Polyester / 23% Cotton  
**STRETCH PANELS:** 3.5 oz. Stretch Woven, 100% Polyester  
 Country of Origin: Imported

**OP2M** (Reg) S-3XL



Black BK

Grey / Black  
Plaid GB



COMFORTABLE  
DRAWSTRING  
WAISTBAND

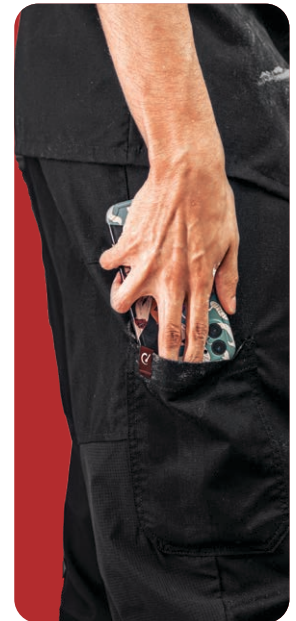
OP2MGB & OP2MBK



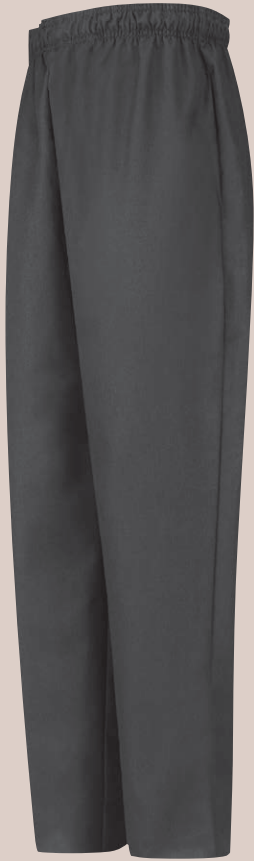
Drawstring waistband



Concealed zipper



Cell phone pocket



5360BK

## BAGGY CHEF PANT

- Elastic waist with drawstring
- Side pockets
- Back pocket
- Fit chart MFC-06
- **Industrial laundry friendly**

7.25 oz. Twill,  
65% Polyester / 35% Cotton  
Country of Origin: Imported

**5360** (Reg) XS-3XL



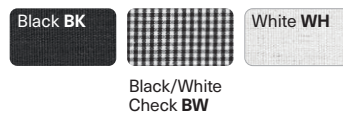
2020WH

## COOK PANT

- Zipper fly with snap
- Side elastic waist
- Front and back pockets
- **Industrial laundry friendly**

7.25 oz. Twill,  
65% Polyester / 35% Cotton  
Country of Origin: Imported

**2020** Black/White  
(Printed) Check: 28-54  
Black, White: 30-46



HP60WH



HP60BK

## CHEF HAT

- Adjustable closure
- Fit chart MFC-21
- **Industrial laundry friendly**

5 oz. Poplin,  
80% Polyester / 20% Cotton  
Country of Origin: Imported

**HP60** One size fits all



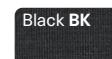
HP70BK

## SKULL CAP

- Elastic back
- Fit chart MFC-22

7.25 oz. Twill,  
65% Polyester / 35% Cotton  
Country of Origin: Imported

**HP70** (M) 23" / (L) 25"



TTW20L



**FLEX STRAP UTILITY WAIST APRON**

- Flex Panels for comfort
- Two lower multi-functional pockets
- Soil release
- Excellent color retention
- 22" W x 15" L
- **Industrial laundry friendly**

8 oz. Stretch Canvas, 54% Polyester / 42% Cotton / 4% Spandex  
Country of Origin: Imported

**TTW2** One size fits all



10 oz. Fisher Cloth, 100% Cotton  
Country of Origin: Imported

**TTW1** One size fits all

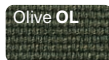
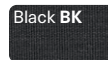


**FLEX STRAP UTILITY BIB APRON**

- Flex panels for comfort
- Adjustable strap
- Upper dual utensil pocket
- Two lower multi-functional pockets
- Soil release
- Excellent color retention
- 22" W x 34" L
- **Industrial laundry friendly**

8 oz. Stretch Canvas, 54% Polyester / 42% Cotton / 4% Spandex  
Country of Origin: Imported

**TTB2** One size fits all



10 oz. Fisher Cloth, 100% Cotton  
Country of Origin: Imported

**TTB1** One size fits all



TTB2C0



NP12 RD

## NECKERCHIEF

- 20" x 40" triangle
- **Industrial laundry friendly**

5 oz. Plain Weave, 80% Polyester / 20% Cotton

Country of Origin: Imported

**NP12** Black, Royal Blue, Red:  
One size fits all



5 oz. Poplin, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**NP12** White: One size fits all



TT30WH

## PREMIUM BIB APRON

- Adjustable strap
- Two-section pocket
- Soil release
- 24" W x 34" L
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**TT30** One size fits all



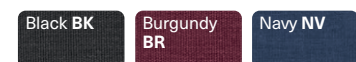
TT32BK

## PREMIUM SHORT BIB APRON

- Adjustable strap
- Three-section pocket
- Soil release
- 28" W x 34" L
- **Industrial laundry friendly**

7.25 oz. Twill,  
65% Polyester / 35% Cotton  
Country of Origin: Imported

**TT32** One size fits all







1430RD



TT46BK



TP61NV

TP61RB

## STANDARD BIB APRON

- Braid ties
- Soil release
- **Industrial laundry friendly**

7.25 oz. Twill, 65% Polyester / 35% Cotton  
Country of Origin: Imported

**1430** 30" W x 33" L  
One size fits all

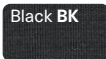


## WAIST APRON

- Three-section pocket
- 23" W x 32" L
- **Industrial laundry friendly**

7.25 oz. Twill,  
65% Polyester / 35% Cotton  
Country of Origin: Imported

**TT46** One size fits all



## COBBLER APRON

- Adjustable ties
- Pouch pocket
- Fit chart MFC-67
- **Industrial laundry friendly**

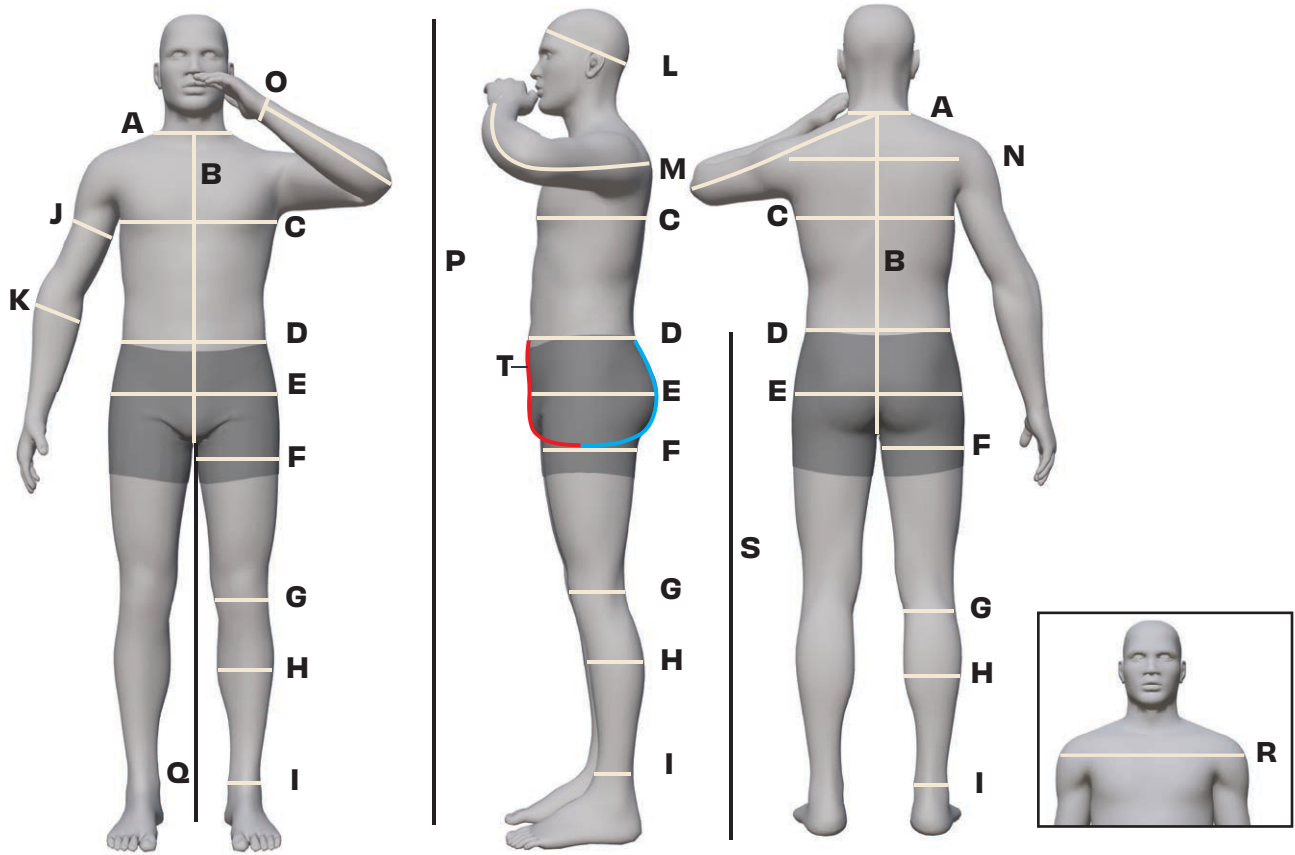
5 oz. Poplin,  
80% Polyester / 20% Cotton  
Country of Origin: Imported

**TP61** M, L

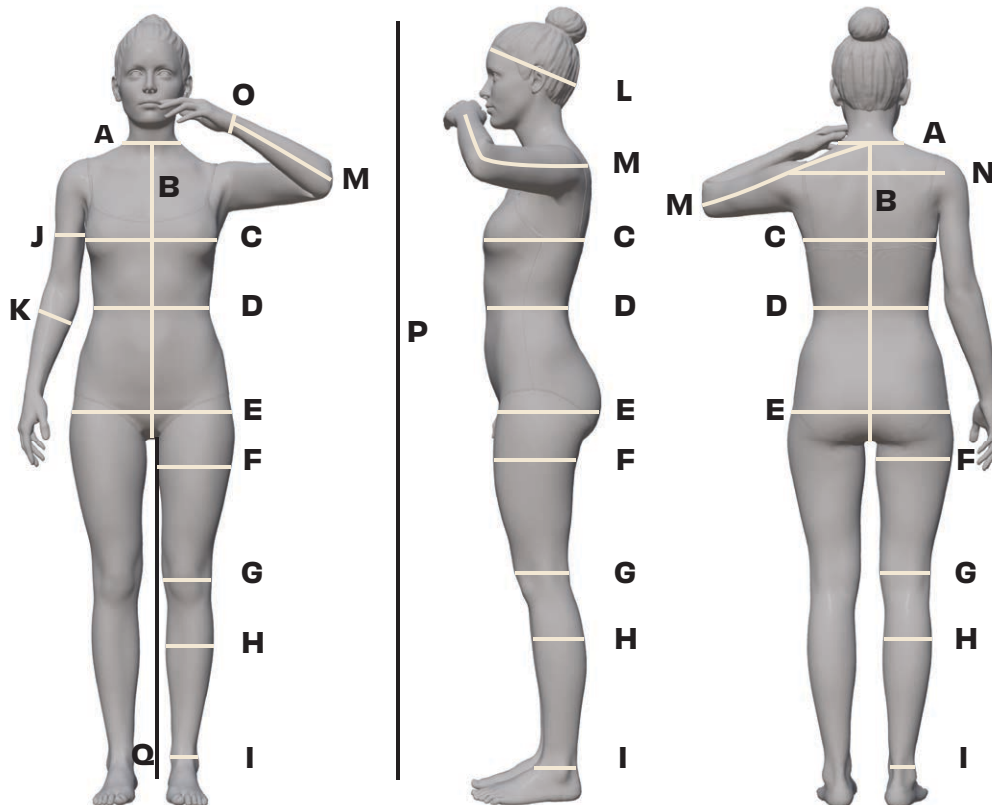


# HOW TO MEASURE

## MEN'S MEASUREMENTS



## WOMEN'S MEASUREMENTS



### A - Neck

Measure around the base of your neck where a collared shirt would fit; or measure a collarband of a shirt that fits you well. Lay the collarband flat. Measure from the beginning of the buttonhole to the center of the button.



### B - Trunk

Measure from the base of the neck (front) down around the crotch and back up to the bottom of the collar. For coveralls only - see diagram.

### C - Chest / Bust

Measure at the fullest part of your chest / bust. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across your back. Stand naturally with your arms down by your side.

### D - Waist / Mid Section

First, remove your belt. Then measure over shirt (not over pants) at the position you normally wear your pants. Hold the tape firmly, but not tightly. Note - For shirts and coveralls, measure the largest portion of the mid-section.

### E - Hips

Stand with your heels together. Measure around the fullest part of the hips. Hold the tape measure straight and level.

### F - Thigh

Measure the circumference of the upper leg close to the crotch (approximately 1" below crotch).

### G - Knee

With the leg straight, measure the knee circumference over the knee cap and parallel to the floor.

### H - Calf

Measure the circumference of the largest part of the lower leg approximately half way between the knee and ankle and parallel to the floor.

### I - Ankle

Measure the ankle circumference over the ankle bone and parallel to the floor.

### J - Upper Arm / Bicep

Measure the maximum circumference of the upper arm just below the underarm.

### K - Forearm

Measure the maximum circumference of the forearm at approximately 6" above the wrist.

### L - Cap / Hat Size

Measure the circumference of the head at its widest diameter, approximately 1/8" above the ears.

### M - Sleeve

Bend the elbow as shown (see M). Start at the center back neck and measure across shoulder to the elbow and down to the wrist bone.

### N - Across Shoulder

While standing with arms down, measure across the back from one shoulder joint to the other.

### O - Wrist

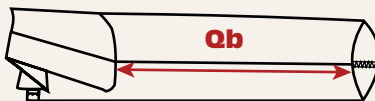
Measure the wrist circumference over the wrist bone.

### P - Height

Stand straight against a wall without your shoes. Make a mark level with the top of your head. Measure from this point down to the floor.

### Q - Inseam

Standing straight, measure the distance from the crotch to just below the ankle bone. **Or** - using similar style pants that fit you well; lay garment flat and with the front and back creases smooth. Measure the inside seam of one leg from the bottom of the hem to the crotch (see Qb).



### R - Overarm (Blazers)

With arms at the sides, measure around the broadest part of the shoulders and upper arms, keeping the tape level at all times. If overarm is more than 7" larger than the chest, go up one size.

### S - Outseam

Measure along the outside of the leg from the top of the waistband to the bottom of the hem or just below the ankle bone.

### Sa - Outseam on Garment

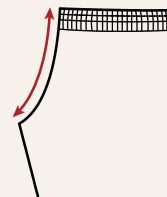
On an existing garment: lay garment flat, measure along the outseam from the top of the band to the bottom hem.



### T - Front and Back Rises

**Front** - this is the distance from the center front at the top of the waistband to the intersection of the crotch seam.

**Back** - this is the distance from the center back waistband to the intersection of the crotch seams.



# WOMEN'S MEASURING CHARTS

## LFC-01 ALPHA / NUMERIC CONVERSION CHART - WOMEN'S MEASUREMENTS

	XS		S		M		L		XL		XXL		3XL		4XL	
Size	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
<b>Bust</b>	31½-32	32½-33	33½-34	34½-35	35½-36	36½-37½	38-39	39½-40½	41½-42½	43½-44½	45½-46½	47½-48½	49½-50½	51½-52½	53½-54½	55½-56½
<b>Waist</b>	23½-24	24½-25	25½-26	26½-27	27½-28	28½-29½	30-31	31½-32½	33-34½	35-36½	37-38½	39-40½	41-42½	43-44½	45-46½	47-48½
<b>Hip</b>	33-33½	34-34½	35-35½	36-36½	37-37½	38-39	39½-40½	41-42	42½-44	44½-46	46½-48	48½-50	50½-52	52½-54	54½-56	56½-58

Height **Petite:** 4'11"-5'3" **Regular:** 5'3½"-5'7" **Tall:** 5'7½"-5'11"

## LFC-02 ALPHA / NUMERIC CONVERSION CHART - WOMEN'S MEASUREMENTS

	XS		S		M		L		XL		XXL		3XL		4XL		
Size	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
<b>Bust</b>	32-33	33-34	34-35	35-36	36-37	37-38	38-39½	39½-41	41-42½	42½-44½	44½-46½	46½-48½	48½-50½	50½-52½	52½-54½	54½-56½	56½-58½
<b>Waist</b>	25-26	26-27	27-28	28-29	29-30	30-31	31-32½	32½-34	34-35½	35½-37½	37½-39½	39½-41½	41½-43½	43½-45½	45½-47½	47½-49½	49½-51½
<b>Hip</b>	34½-35½	35½-36½	36½-37½	37½-38½	38½-39½	39½-40½	40½-42	42-43½	43½-45	45-47	47-49	49-51	51-53	53-55	55-57	57-59	59-61

Height **Petite:** 4'11"-5'3" **Regular:** 5'3½"-5'7" **Tall:** 5'7½"-5'11"

## LFC-58 WOMEN'S FIT CHART

Alpha Size	XS		S		M		L		XL		XXL		3XL		4XL		5XL	
Numeric Size	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36
<b>Bust</b>	35¼-36¾	36¾-37¾	37¾-38¾	38¾-39¾	39¾-41	41-42¼	42¼-43¾	43¾-45¼	45¼-47¼	47¼-49¼	49¼-51¼	51¼-53¼	53¼-55¼	55¼-57¼	57¼-59¼	59¼-61¼	61¼-63¼	63¼-65¼
<b>Waist Max.</b>	36¼		38¼		40¼		43¼		47¼		51¼		55¼		59¼		63¼	
<b>Hip Max.</b>	38¼		40¼		43¼		43¼		47¼		54¼		58¼		62¼		66¼	

HEIGHT: Short/Petite=4'11"-5'3" Regular=5'3½"-5'7" Long/Tall=5'7½"-5'11"



## MFC-06 MEN'S BAGGY CHEF PANT

Size	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL	7XL	8XL
Waist	19-23	23-27	27-31	31-35	35-39	39-43	43-47	47-51	51-55	55-59	59-63	63-67	67-71

## MFC-21 CHEF HAT

Alpha Size	L
Maximum Head Circumference	24¼"
Maximum Hat Size	7¾

## MFC-22 SKULL CAP

Alpha Size	M	L
Head Circumference	23"-24"	25"-26"

## MFC-67 MEN'S COBBLER APRON

Alpha Size	M	L
Chest	Up to 42"	Above 42"

## MFC-106 MEN'S CHEF PANT

Alpha Size	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL	7XL	8XL
Waist	25-28½	29-32½	33-36½	37-40½	41-44½	45-48½	49-52½	53-56½	57-60½	61-64½	65-68½	69-72½
Seat Max.	35	39	43	46½	49½	52	54½	57	59½	62	64½	67

## MFC-136 MENS FIT CHART

Alpha Size	XS		S		M		L		XL		XXL		3XL		4XL	
Numeric Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Chest	29½-31½	31½-33½	33½-35½	35½-37½	37½-39½	39½-41½	41½-43½	43½-45½	45½-47½	47½-49½	49½-51½	51½-53½	53½-55½	55½-57½	57½-59½	59½-61½
Waist Max.	33½		37½		41½		45½		49½		53½		57½		61½	
Hip Max.	35¼		39¼		43¼		47¼		51¼		55¼		59¼		63¼	

Alpha Size	5XL		6XL	
Numeric Size	64	66	68	70
Chest	61½-63½	63½-65½	65½-67½	67½-69½
Waist Max.	65½		69½	
Hip Max.	67¼		71¼	

HEIGHT: Short = 5' 3" - 5'7" Regular = 5'7" - 5'11" Long = 5'11" - 6'3" Extra Long = 6'3" - 6'7"

# MEN'S MEASURING CHARTS / INDEX

## MFC-138 MENS FIT CHART

Alpha Size	XS		S		M		L		XL		XXL		3XL		4XL	
Numeric Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62
Chest	28½-30½	30½-32½	32½-34½	34½-36½	36½-38½	38½-40½	40½-42½	42½-44½	44½-46½	46½-48½	48½-50½	50½-52½	52½-54½	54½-56½	56½-58½	58½-60½
Waist Max.	32		36		40		44		48		52		56		60	
Hip Max.	33		37		41		45		49		53		57		61	

Alpha Size	5XL		6XL	
Numeric Size	64	66	68	70
Chest	60½-62½	62½-64½	64½-66½	66½-68½
Waist Max.	64		68	
Hip Max.	65		69	

HEIGHT: Short=5'3"-5'7" Regular=5'7"-5'11" Long=5'11"-6'3" Extra Long=6'3"-6'7"

## MFC-149 MENS ALPHA WORK SHIRT FIT CHART

Alpha Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck Max.	14	15	16	17	18	19	20	21	22	23
Chest Range	30-34	34-38	38-42	42-46	46-50	50-53	53-56	56-59	59-62	62-65
Waist Max.	33	38	43	47	51	54	58	61	65	68
Hip Max.	35	39	43	47	51	55	59	63	67	71

HEIGHT: Short: 5'3"-5'7" Regular: 5'7"-5'11" Long: 5'11"-6'3" XLong: 6'3"-6'7"

## MFC-151 MENS ALPHA WORK SHIRT FIT CHART

Alpha Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck Max.	13	14	15	16	17	18	19	20	21	22
Chest Range	30-34	34-38	38-42	42-46	46-50	50-53	53-56	56-59	59-61	61-65
Waist Max.	32	37	42	46	50	53	57	60	64	68
Hip Max.	36	40	44	48	52	56	60	64	68	72

HEIGHT: Short: 5'3"-5'7" Regular: 5'7"-5'11" Long: 5'11"-6'3" XLong: 6'3"-6'7"

## MFC-162 MENS ALPHA WORK SHIRT FIT CHART

Alpha Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck Max.	15	16	17	18	19	20	21	22	23	24
Chest Range	30-34	34-38	38-42	42-46	46-50	50-53	53-56	56-59	59-62	62-65
Waist Max.	31	36	41	45	49	53	57	60	64	67
Hip Max.	36	40	44	48	52	56	60	64	68	72

HEIGHT: Short: 5'3"-5'7" Regular: 5'7"-5'11" Long: 5'11"-6'3" XLong: 6'3"-6'7"



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